



Keep Your Balance Through Every Putt

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It is important to keep your balance during the putting stroke. Many players still move their lower body when putting, which is a bad move. Here is a simple drill to help develop a better posture and setup to promote a balanced putting stroke led by the shoulders and arms. Begin by standing a 7- or 8-iron on the toe and bend over so the grip sticks into your belt buckle. Maintain the pressure on the grip and work on using your shoulders and arms to make the stroke.

Keeping the pressure on the grip will keep your lower body quiet and lead to more accurate putts. ♣