

Stroke Shavers



Hit Balls With Just The Right Arm To Get To The Top Properly

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This drill will help to ensure the proper position at the top of your swing and the proper move on the downswing. Take the club to the top of your swing, hold that position and then take your left hand off the club. Take a look at this position. Your right arm should be in an "L" position with the shaft of the club over your right shoulder. Your right elbow should be pointing at the ground.

With the ball on a tee at first, swing down with your right arm. The wrists must maintain their angle on the downswing to ensure a solid impact position. Most amateurs' position at the top is either too far behind their body or too close to their body, causing the right arm to form a "V."

This position makes it very difficult to maintain the angle of the wrists on the downswing. Feel the arm swing down while maintaining the wrist angle. This will improve your timing and help you hit more consistent shots. The feeling should be that the right arm begins to straighten, the elbow moves down close to the body and the wrists maintain their angle. **GI**