



**MEMBERSHIP CLASS SCHEDULE**

DEC-2011

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00 am						CYCLE
10:00-11:00am						ZUMBA
10:30-11:30AM	ZUMBA		ZUMBA		ZUMBA	
6:00-7:00PM	SCULPTING AND ABS	CYCLE			CYCLE	
6:30 – 7:30pm			ZUMBA	ZUMBA		
7:00 – 8:00pm		ZUMBA				

**BOXING CLASS SCHEDULE** \*Additional fee required

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30-11:30AM	BOXING		BOXING			BOXING
11:30-12:30pm		BOXING		BOXING		
6:00-7:00PM	BOXING	BOXING	BOXING	BOXING		
6:30 – 7:30pm						
7:00 – 8:00pm	BOXING	BOXING		BOXING		

**BOOTCAMP CLASS SCHEDULE** \*Additional fee required

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00-10:00am						BOOTCAMP
10:00-11:00AM	BOOTCAMP	BOOTCAMP	BOOTCAMP	BOOTCAMP	BOOTCAMP	
11:30-12:30pm						
5:30-6:30PM	BOOTCAMP	BOOTCAMP	BOOTCAMP	BOOTCAMP		
6:30 – 7:30pm		BOOTCAMP		BOOTCAMP		